## **Adult Snowboard Sizing Chart**

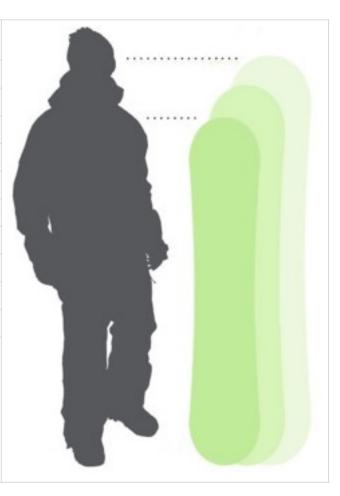
How do you pick the correct snowboard length? The length of your snowboard will vary depending on your body weight and the type of riding you plan to do. Back in the day, traditional snowboard sizing meant you stand next to the snowboard and if the top hits your chin, great, it fits! While that may be a good place to start, weight is also very important factor in determining the appropriate board length. And another important consideration is the type of riding you plan on doing.

So, for example, if you are going to be mostly freeriding consider getting a slightly longer board for more stability and speed. If it's a freestyle tool you are looking for, consider smaller sizes that will be easier to spin and maneuver in the terrain park or half-pipe.

Remember, the length is as much personal preference as anything, so don't get too hung up if you like a longer board or a shorter board. Need a starting point? Use the Snowboard Size Chart below.

## **Snowboard Size Chart**

Rider Height (in)	Rider Height (cm)	Rider Weight (lb)	Snowboard Size (cm)
4'10"	147	110 - 120	128 - 136
5'	152	115-130	133 - 141
5'2"	158	125-135	139 - 147
5'4"	163	135-145	144 -152
5'6"	168	140-155	149 -157
5'8"	173	150-165	154 -162
5'10"	178	160-175	159 -167
6'	183	170-185	160+
6'2"	188	180-195	160+
6'4"	193	190-205	160+



Additionally, consider the following factors when deciding on a snowboard size:

- Riding primarily in the park or freestyle, pick a board towards the shorter end of the size range.
- Riding all mountain, powder or freeriding, consider a snowboard on the longer end of the size range.
- Above average weight consider a longer snowboard.
- Beginner aim for a shorter board in your size range.

Borrowed from http://www.evo.com/how-to-choose-a-snowboard-size-chart-and-buying-guide.aspx